

ARM AND HANDS

Sensation of pins and needles in arms Hands cold Loss of grip or strength
 Sensation of pins and needles in fingers Numbness in hands and/or fingers

MID-BACK/LOW BACK

Pain between shoulder blades Pain in shoulder joints (Right Left) Low back pain

HIPS, LEGS, AND FEET

Pain in hip joint (R L) Feet feel cold Swollen ankles (R L)
 Pain down leg (R L) Feet tire and ache easily Numbness of leg or feet (R L)
 Pins and needles in legs (R L) Cramps in feet or legs (R L)

INTESTINES

Constipation Diarrhea Colitis Distress from fatty or greasy foods (nausea)

GASTROINTESTINAL

Burping or Bloating Sour Stomach Gas Nausea Nervous stomach

CARDIOVASCULAR

Low blood pressure High blood pressure Pain over heart
 Heart attack Irregular heartbeat

GENITOURINARY

Kidney infection Bladder infections Inability to control urination
 Need to get up at night to urinate Asthma

WOMEN ONLY

Irregular periods Miscarriage Premenstrual breast tenderness
 Menstrual cramps Premenstrual depression Menopause, date _____
 Loss or diminished sex drive Hysterectomy, complete ___ or partial ___

MEN ONLY

Need to get up at night to urinate Loss or diminished sex drive Prostate trouble

Please list any other information that you think we should be aware of in handling your case:

Patient's signature

Date